

In order to begin, we have some paper work to do. Payment must be made in full prior to the first session. Complete the player in-take form and player agreement which follow. These forms must be filled out and returned to me one week before the first coaching session. You also have an assignment and reflection questions to answer before our first coaching call which follows the player in-take form and the player agreement.

Player Intake Form

The questions in this form are designed for you to bring to the surface a description or picture of the current state of your life, your perspective and vision. This is an opportunity to begin framing your future and what you would like to have happen for yourself. This information is helpful for me to understand who you are, and how I can best support you, your goals and what you want to achieve in your life. Answer as much as you can. If there is a question you choose not to answer, that is OK.

Please email, fax or scan this completed form at least 5 days before our first session.

1. Contact Data & General:		
Name:		
Mailing Address:		
Home Phone:	-	
Cell Phone:	-	
Fax:	-	
Email Address:	_	
Date of Birth: Age:		_
2. Your Life Story / History: What would you like	e to share with me?	



3. What are your primary stressors? (What stresses you out?)
4. What medical conditions are you currently being treated for? (Diabetes, heart disease, cancel depression, for example)
5. What medicines are you currently on?